GEAR THAT WORKS FOR FISHERMEN

Photo: Chris Peterson of Action Works Photography. Illustration: Tom Crestodina

SCAN ME

Find *your* lifejacket

- ✓ Floats you when overboard
- ✓ Protects you against rail
- ✓ Warms your core

Contact us: amelia.vaughan@oregonstate.edu, 541.264.5709

FLIPP
FISHERMEN LED
INJURY PREVENTION PROGRAM

Oregon State University

Sea Grant

W

PNASH

STAY AFLOAT

Photo: Chris Peterson of Action Works Photography. Illustration: Tom Crestodina

Find *your* lifejacket

A lifejacket buys you critical time. Wear it for your crew.

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PNASH

FISHING is a tradition

Keep a good thing going. Put on your lifejacket.

Photo: N. Holstedt.

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PNASH

Know the 1-10-1 FOR OVERBOARD SURVIVAL

1 minute...
Cold shock!

10 minutes...
Swimming and self rescue become difficult.

1 hour...
Hypothermia sets in.

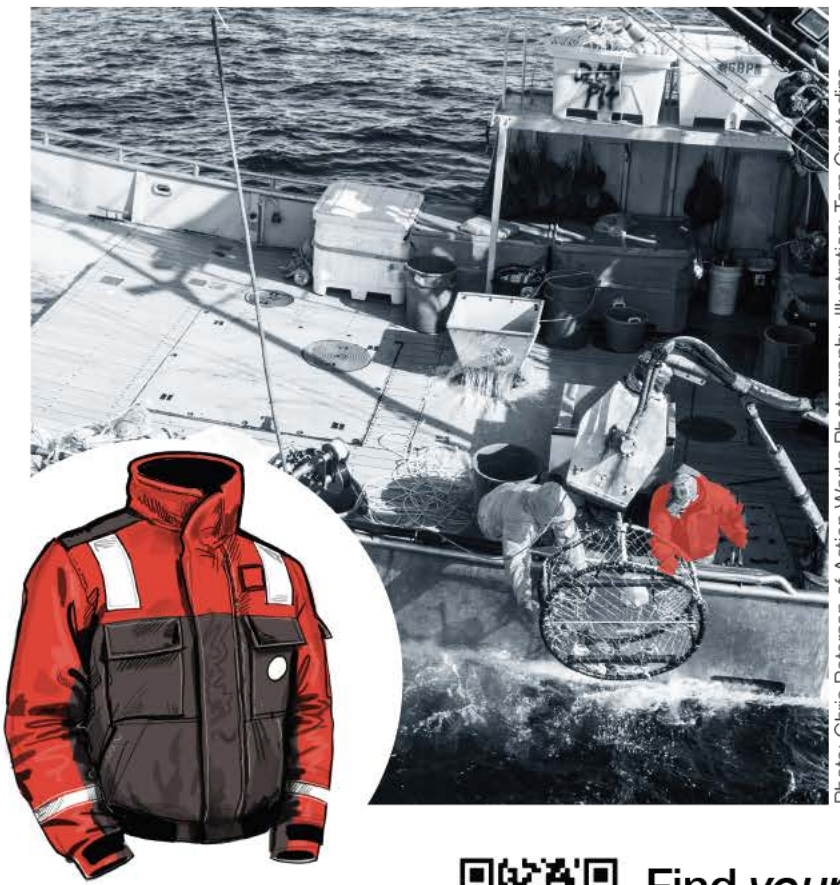

Photo: Chris Peterson of Action Works Photography. Illustration: Tom Crestodina

A lifejacket buys you critical time in cold water.

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